

Our Lord, O Hearer of every voice,

O Knower of what is hidden,

O One who will resurrect the dead,

O Answerer of prayers,

O Fulfiller of needs,

O Creator of the heavens and the earth,

O One who holds the needs of those who ask and knows what is hidden in silent hearts.

O Allah, send Your peace and blessings upon the seal of the prophets and the best of messengers.

O Allah, grant us well-being in our religion, well-being in our worldly life, and well-being in our Hereafter.

O Allah, we seek refuge in You from harm and hardship. Grant us lasting health and protection. Do not let our enemies rejoice over our illness. Make the Qur'an our cure and our healing, and remove from us whatever causes us pain and distress.

O Allah, we seek refuge in You from the evil eye, from envy, from sorcery, from those who plot against us, and from those who wait for our downfall. Place between us and them a strong barrier and a secure protection.

You are stronger than them and greater in authority. So protect us from their harm and keep us safe from their evil.

Our Lord, we run to You. We rely upon You. There is no refuge and no escape from You except to You. O You who is sufficient for everything, protect us from anyone who plans harm against us.

O Allah, we ask You for ourselves, for all Muslim men and women, and for everyone who says "Ameen." Whoever among us is sick or burdened with worry, whose hardship has lasted and affected their days and nights —

O Allah, O Allah, O Allah —

Grant them quick healing and near relief. Bring happiness to their hearts, outwardly and inwardly.

O Allah, You see our illness and You know our cure. Let Your cure overcome our pain.

If well-being has people worthy of it, make us among them. If well-being is a garment, clothe us in it.

Dress us in health. Beautify us with health. Honor us with health. Grant us lasting well-being by Your mercy.

O Allah, take care of what worries us and even what we do not know to worry about, in this world and the next.

Our Lord, give us goodness in this life and goodness in the Hereafter. Protect us from the punishment of the Fire, and admit us into Paradise among the righteous.

O Mighty One, O Most Forgiving.